

YOUNG PEOPLE — AS — LEADERS IN SPORT



Putting sport first

sportscotland
the national agency for sport

UNDERSTANDING YOUR ROLE IN THE NATIONAL CONTEXT

Sport contributes directly to the Scottish Government's vision of Scotland, as set out in the Active Scotland Outcomes Framework, where more people are more active, more often.

The Scottish Government also published Scotland's sport strategy for children and young people which set out an ambition that 'Scotland is a great environment for children and young people to embark on a lifelong participation in sport.'

- sportscotland's vision** ➡ where sport is a way of life.
- sportscotland's vision** ➡ where sport is at the heart of society.
- sportscotland's vision** ➡ where sport makes a positive impact on people and communities.
- sportscotland's mission** ➡ to work with our partners to build a world class sporting system for everyone in Scotland.

This document is designed to focus on the role of young people within the world class sporting system. Use it as a self improvement tool to help you work collaboratively to ensure sport provides leadership development opportunities for young people across the country.



"Taking on leadership roles in sport has given me **invaluable experience**. As a member of the Young people's sport panel I have had a chance to **really get involved** in influencing decision making in sport. I have **developed skills** that will definitely help me in my future career – but more importantly I have had the opportunity to **shape the future of sport** in Scotland. We want to see an increase in the number and range of leadership opportunities available for young people – something which is **really important** to us as a panel of young leaders."

Lauren Johnstone
Young people's sport
panel member





BUILDING A WORLD CLASS SPORTING

RESOURCES

LOCAL AND NATIONAL PARTNERS



TIME



EXPERTISE



INVESTMENT



INFORMATION

ENABLERS



PEOPLE



PLACES



PROFILE

PRIORITIES FOR IMPR



EQUALITIES AND INCLUSION



PEOPLE D

SYSTEM FOR EVERYONE IN SCOTLAND

ENVIRONMENTS



**CLUBS &
COMMUNITIES**



**SCHOOLS &
EDUCATION**



**PERFORMANCE
SPORT**

OUTCOMES



PARTICIPATION



PROGRESSION

IMPROVEMENT 2015/2019

DEVELOPMENT



COLLABORATION AND IMPACT

A WORLD CLASS SPORTING SYSTEM FOR EVERYONE IN SCOTLAND

Young people have an important and active role in achieving our vision where sport is a way of life.

Young people make a valuable and meaningful contribution to influencing and leading in sport and building a world class sporting system for everyone in Scotland.

Our priority is to work together to ensure that young people have access to a range of leadership roles in sport and are encouraged and supported by people like you to reach their potential.

THE IMPORTANCE OF YOUNG PEOPLE AS LEADERS IN SPORT

Through their involvement and development as leaders in sport, the sport sector can help provide a legacy of confident, knowledgeable and experienced young people, who throughout their life in sport, will help build and strengthen the world class sporting system for everyone in Scotland.

There is already a significant amount of work being delivered in this area by **sportscotland** and our national and local partners. The principles and roles outlined in this document aim to add value to the work already underway and provide support, direction and consistency to areas of development being undertaken by our partners.

NEXT STEPS

Please use the information in this self reflection tool to refresh your own vision for young people as leaders in sport. It may be useful to:

- ✓ **Think about your current offer around training opportunities for young people to gain the knowledge and understanding in the range of leadership roles in sport – what the successes are and where the gaps are.**
- ✓ **Reflect on your current practice around the deployment of young people in the range of leadership roles – how do they gain experience in these various roles, what opportunities do they have?**
- ✓ **Think about who you need to speak to and collaborate with to address the gaps or enhance your offering for young people as leaders in sport? Make a commitment to speak with them and find a way to work together.**
- ✓ **Review how you communicate with those young people who may not be engaged in such roles, but who may want to.**

By acting on these areas we will be able to develop a coherent local and national provision for young people as leaders in sport.

FIVE GUIDING PRINCIPLES

sportscotland has developed a set of five principles to support the sport sector in ensuring that young people have the opportunity to develop as leaders in sport.



Young people's contribution as leaders in sport is meaningful and important and is accepted as such by the sector. The sport sector gives them responsibility to play a key role in sport and its development.



Young people have a positive experience of being involved in leadership roles in sport. They gain from each opportunity personally – developing new skills and attributes to benefit them in life and work.



Young people have access to a range of leadership roles and opportunities. They can choose to sustain or further progress these throughout their lives and into adulthood.



Young people's views are heard and valued across the sector. Young people and their views influence decision making and drive change.



Young people are encouraged, supported and mentored by the right people to reach their potential in their sport leadership roles.

FIVE KEY ROLES FOR YOUNG PEOPLE AS LEADERS IN SPORT

These five key roles are integral to building a world class sporting system, they are not the only roles that young people can undertake but they are likely to have the most significant impact.

YOUNG PEOPLE AS DELIVERERS/COACHES

The opportunity to lead sport participation, or assist at coached sessions.

YOUNG PEOPLE AS TECHNICAL OFFICIALS

The opportunity to officiate or assist with the sport specific requirements relating to the field of play and the conduct of the competition.

YOUNG PEOPLE AS EVENT/COMPETITION ORGANISERS

A responsibility to plan, organise and deliver events and competitions. These could include matches, leagues, tournaments or festivals.

YOUNG PEOPLE AS DECISION MAKERS

An opportunity to take up a position in groups or organisations where they can contribute their views and opinions in order to influence and support decision making. This could include a role on a committee, panel or board.

YOUNG PEOPLE AS AMBASSADORS

The opportunity to take on a role which has a primary focus on promoting sport and motivating other young people to get involved in sport via a wide range of settings within their local communities – from schools to clubs or other community sporting organisations.

FIND OUT MORE

You can find out more about Young People as Leaders in Sport and **sport**scotland's contribution to this area on our website www.sportscotland.org.uk.

#YoungPeopleInSport

For further information please contact:

Head Office

Doges, Templeton on the Green,
62 Templeton Street,
Glasgow G40 1DA

Tel 0141 534 6500
Fax 0141 534 6501



sportscotland.org.uk

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